

VoiceFlow
personal sonic entrainment therapy

*Experience the power of sound healing and sonic entrainment.
The amazing combination of ancient knowledge and modern technology brings
you **VoiceFlow**.*

Voiceflow is a specially designed program that uses sonic entrainment technology based on frequency-based biomarkers within the frequencies of your voice.

The program requires a recorded sample of your voice (min 500 spoken words) used for analysis.

Once the voiceprint is analyzed, showing one's body/mind condition, a unique personal frequency-based sonic program is created.

This program is using sonic entrainment technology.

'Entrainment is an aspect of sound that is closely related to rhythms and the way these rhythms affect us. It is a phenomenon of sound in which the powerful rhythmic vibrations of one object will cause the less powerful vibrations of another object to lock in step and oscillate at the first object's rate. This phenomenon of nature has to do with the conservation of energy. It seems that nature finds it more economical in terms of energy to have periodic events that are close enough in frequency to occur in phase or in step with each other.

Within our own bodies, we are constantly locking in our own rhythms. Our heart rate, respiration and brain waves all entrain to each other. Slow down your breath, for example, and you slow down your heartbeat and your brain waves. Conversely, if you are able to slow down your brain waves, you can affect your heart rate and respiration. This is one of the principles of biofeedback.'

Jonathan Goldman, M.A. Healing sounds pioneer.

Using sonic entrainment based on the Blackbird method, Voiceflow resonates with the parts of your body that are out of tune and influence your emotional and cognitive processes. Harvard medical school stated that emotional stress and the disability to relax are often the psycho-somatic backgrounds of many physical imbalances. Voiceflow activates the body's relaxation response and stimulates the parasympathetic nervous system.

'Music seems to slow heart rate, lower blood pressure, and reduce levels of stress hormones.'

'Some research suggests that music may promote the brain's ability to make new connections between nerve cells.'

'Humans are rhythmic beings: Our heartbeat, breathing, and brain waves are all rhythmic. The human brain and nervous system are hard-wired to distinguish music from noise and to respond to rhythm and repetition, tones and tunes.'

Music as Medicine: The impact of healing harmonies, Harvard Medical School¹

Voiceflow is a personalized sound therapy that brings relief and harmony on an individual level, alleviating discomfort to the problematic zones.

It affects a person in a gentle but powerful way by putting the oscillatory pattern of the dis-balanced area back into its normal flow.

Voiceflow program utilizes various frequency cocktails related to the body in combination with different brainwave states and scalar waves.

The created program is 10 to 15 min long. It is professionally arranged and recorded in a high-quality production in full audio format. The frequency therapy is blended in a musical ambiance taking you on a beautiful meditative sonic journey.

What is needed for voice analysis?

You will read a suggested article, record your voice and send it for analysis.

After the vocal analysis is done, the second stage is producing the personalized sound therapy - Voiceflow.

Voiceflow program and analysis will be sent to the client within ten days after the client confirms the order by payment.

Voiceflow program is designed as personal therapy to resonate with body parts, mind, and emotional patterns that are out of their natural healthy balance and bring them back to a state of harmony.

'The principles of sound based therapies originate with the concept that the brain perceives and generates impulse patterns that can be measured as brain-wave frequencies. These are delivered to the body by way of nerve pathways. The theory incorporates the assumption that these frequency impulses serve as directives that sustain structural integrity and emotional equilibrium.

When these patterns are disrupted, the body seeks to reveal the imbalance by manifesting symptoms that can be interpreted as symptoms of disease and stress. Tapping into these self-healing biological pathways from brain to neurone cell has

¹ https://hms.harvard.edu/sites/default/files/assets/Sites/Longwood_Seminars/Longwood%20Seminar%20Music%20Reading%20Pack.pdf

long been a goal of scientific medical investigations as an approach to provide and promote optimal health.'

Sharry Edwards is the pioneer in the study of Human BioAcoustic Biology. Her 30 years of research is being used at her Institute in Albany.

VoiceFlow sound therapy is created by sound therapist and producer Petra Crnetic and is dedicated to the Therapeutic & Transformational Uses of Sound & Music.